



LES Covid Protocols as of 2/4/22 (subject to change)

Good Afternoon LES Community,

The LES COVID Task Force Team met last night to review the school's protocols and guidelines that were put into place under the Omicron surge and current LA county case and hospital rates.

Some good news ahead – rates are coming down and it was reported that the school met their 4 week goal of 85% student population as vaccinated, actually the school is at 87%. Next goal is to have the student population 95% vaccinated by the middle of March. Please send me your student's vaccination card.

Moving slowly and cautiously forward, here are the revised protocols and guidelines:

- School PCR (viral) test Thursday (1x/wk)
 - **All students, faculty, and staff must have one (1) PCR viral test each week for clearance to attend campus the following week – this test must have a specimen collection date no more than 5 days prior to start of the new school week**
- A PCR or Rapid antigen tests will now be accepted for any additional tests required
- KN95 or N95 masks must be worn at all times except while eating or drinking
- Household member receives a positive result that household member must isolate

Exposed LES student, faculty, or staff:

- Fully vaccinated person may return to school with negative test result (viral or antigen), no quarantine, continue to monitor for symptoms for 10 days
- Unvaccinated student must quarantine for 5 days and may return to school with a negative COVID test (viral or antigen) collected on the 5th day
- Student exposure to a confirmed positive case
 - Fully vaccinated student may return after a negative COVID test (viral or antigen) has been provided to the school, no quarantine days
 - Unvaccinated student must quarantine for 5 days and return to school with a negative COVID test (viral or antigen) or quarantine for the full 10 days
- A positive test
 - Fully vaccinated student must isolate for 5 days and test on the 5th day
 - Negative result, student may return to campus if symptom free and fever free for 24 hours without medication
 - Positive result, student must continue to isolate for the full 10 days
 - Unvaccinated student must isolate for the full 10 days with a COVID test result 5 days after symptoms appeared or positive test if asymptomatic; may return after 10 days symptom free and fever free for 24 hours without medication



- Travel Guidance – The school is aligned with CDC protocols, upon return of travel:
 - Fully vaccinated – no quarantine, COVID-19 test 3-5 days after return, and monitor for symptoms for 10 days post travel
 - Unvaccinated - get a PCR (viral) COVID-19 test 3-5 days after you return, quarantine for 5 days and monitor for symptoms for 10 days post travel

The LES COVID team will continue to monitor rates and adjust protocols and guidelines in accordance to trends of LA county and school community. These updated guidelines will be posted on the school's website under Resources, Health and Safety file. Other school changes for student multi-age play, and parent opportunities on campus will be announced in the upcoming Newsletter.

Coronavirus Update - Best Practices

INCREASED HEALTH MEASURES

We have taken precautionary measures here on campus to keep the spread of any germs to a minimum by disinfecting our campus more often. In addition, the teachers are encouraging and explaining good hygiene practices with hand-washing and keeping surfaces clean.

VIRTUAL CLASSROOMS

In the event that we elect to close the school for safety reasons, we plan to utilize online virtual classrooms to maintain as close to a regular class schedule as possible. We are currently working with our faculty to successfully implement virtual classroom technology, in addition to providing "take-home kits" of appropriate and meaningful schoolwork for students. The rollout of a program like this would normally be much slower and deliberate, but we are doing as much as possible to prepare quickly. More information will be provided as it becomes available.

PROTOCOL FOR ALERTING THE SCHOOL OF ILLNESS

Michele Topolsky, Executive Assistant to the Head of School, is our primary point of contact for all health-related matters. If you or anyone in your family has contracted the Coronavirus, please contact Michele immediately at mtopolsky@losencinosschool.org and 818-990-1006. We will contact our local health agency to determine next steps.

If you know of any Coronavirus cases in the community (e.g., a member of another school community where we have a sibling in attendance, or an employee of an organization where one of our parents works), please let Michele know immediately.

This is a fast-moving and ever-changing challenge, and we will continue to be both vigilant and communicative. Thank you for your commitment to keeping LES safe and healthy.



PREVENTION

There is currently no vaccine to prevent Coronavirus (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, the Center for Disease Control and Prevention (CDC) always recommends everyday actions to help prevent the spread of respiratory diseases, including:

- **Parents and children, please stay home when you are sick.**
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well to wear a facemask to protect themselves from respiratory diseases, including the Coronavirus.
 - Facemasks should be used by people who show symptoms of the Coronavirus to help prevent the spread of the disease to others.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
 - If hands are visibly dirty, always wash them with soap and water.

HOME PREPAREDNESS

The Los Angeles Department of Public Health recommends the following for your home should you not be able to leave for several days:

- Maintain a supply of food and water in the house as you would for any other emergency. The LADPH does not expect wide-spread closure, but areas may be impacted.
- Have a communication plan with your loved ones.
 - Click on the following link to find a family emergency plan and emergency preparation information and supply lists: [Comprehensive Emergency Packet](#)

TRAVEL

As you contemplate travel around or out of the country, [click here](#) to find advice and precautions issued by the CDC. We will continue to keep you updated as we gain more information. As you are aware, the situation is continually changing. The LES Admin Team is creating protocols for the entire community to follow in the case of an outbreak in our area. We will keep you informed.